



RUSSELL E. HAYNES, II

Russell E. Haynes, II of Feeding Hills, a graduate of Agawam High School will attend American International College starting in the fall.

AAA National Award for Agawam

For its record of 4 years without a pedestrian fatality, Agawam will receive a national award from the American Automobile Association on Monday, August 19, at 1:30 P.M.

The AAA Pedestrian Safety Citation Plaque will be awarded by Raymond A. Compton, safety director of the Auto Club of Springfield. Accepting the plaque at special ceremonies in the town hall will be Edward W. Connelly, chairman of the Board of Selectmen, chief R. Kenneth Grady and safety officer Harold Burnett of the Agawam Police Department. "This national recognition goes to Agawam for its truly outstanding record of no pedestrian deaths during the years from 1964 - 1967." Mr. Compton said, "and for its effective local program which has been so successful in reducing pedestrian injuries. Agawam Police and school officials should be especially gratified with this fine showing in national competition with similar communities across the country." AAA selects pedestrian program winners through a nationally prominent board of judges on the basis of reports submitted by states and communities all over the U.S.

The triple A first started the program in 1937 and since that time pedestrian deaths have been cut in half while other traffic fatalities have increased by more than half. The safety director said Agawam won an Honorable Mention in the AAA's National Pedestrian Safety Inventory of 1953 and No Pedestrian Death Awards for 1955-57 and 1961, in addition to the current 4 year award for saving the lives of pedestrians in traffic.

Stigmatine Fathers Retreat for Engaged Couples

The Stigmatine Fathers will conduct a retreat for engaged couples over the weekend of August 31 - September 2, 1968 (Labor Day Weekend) at the Espousal Retreat House in Waltham, Massachusetts.

These retreats, which have been successfully conducted for the past several years, begin on Friday evening and end on Sunday afternoon. They are intended for couples who are seriously considering marriage in the foreseeable future, and are concerned with preparing for a Christian marriage. Those of all denominations and of mixed faiths have made these retreats in the past, and are most welcome in the future.

Ideal Budget Plan Special Bonus

The Board of Directors of Ideal Budget Plan, Inc. have voted to give all certificate holders an additional interest payment. The decision to do this was reached after reviewing the corporation's recent financial statements, which disclose a continued increase in net earnings.

Ideal Budget Plan, Inc., for over a quarter of a century a landmark in downtown Springfield, has maintained an excellent customer relationship and very close managerial supervision. It has always been the policy of the corporation to specialize in small loans and large volume, thus reducing bad debt losses to a negligible figure.

Paul Berman, the company's president and treasurer, reports that outstanding loans have reached two million dollars. This, in our opinion, makes the corporation the largest and most successful independent finance company in New England.

THE AGAWAM News INC.

"The Heart Beat of the Town"
For the Sixteenth Year

OVER 10,000 READERS

Agawam's First Newspaper Serving All The People

Vol. 16 No. 32 Agawam, Mass. - Thursday, August 15, 1968 5¢ per copy - \$1.00 per year

MARY, MARY, HOW DOES YOUR GARDEN GROW?

The history of life on earth has been a history of interaction between living things and their surroundings. To a large extent, the physical form and the habits of the earth's vegetation and its animal life have been molded by the environment. Considering the whole span of earthly time, the opposite effect, in which life actually modifies its surroundings, has been relatively slight. Only within the moment of time represented by the present century has one species - man - acquired significant power to alter the nature of his world.

During the past quarter century this power has not only increased to one of disturbing magnitude but it has changed in character. The most alarming of all man's assaults upon the environment is the contamination of air, earth, rivers, and sea with dangerous and even lethal materials. This pollution is for the most part irrecoverable; the chain of evil it initiates not only in the world that must support life but in living tissues is for the most part irreversible. In this now universal contamination of the environment, chemicals are the sinister and little recognized partners of radiation in changing the very nature of the world - the very nature of its life. Strontium 90, released through nuclear explosions into the air, comes to earth in rain or drifts down as fallout, lodges in soil, enters into the grass or corn or wheat grown there, and in time takes up its abode in the bones of a human being, there to remain until his death. Similarly, chemicals sprayed on croplands or forests or gardens lie long in soil, entering into living organisms, passing from one to another in a chain of poisoning and death. Or they pass mysteriously by underground streams until they emerge and, through the alchemy of air and sunlight, combine into new forms that kill vegetation, sicken cattle, and work unknown harm on those who drink from once pure wells. As Albert Schweitzer has said, "Man can hardly even recognize the devils of his own creation."

"To adjust to these chemicals would require time on the scale that is nature's; it would require not merely the years of a man's life but the life of generations. And even this, were it by some miracle possible, would be futile, for the new chemicals come from our laboratories in an endless stream; almost five hundred annually find their way into actual use in the United States alone. The figure is staggering and its implications are not easily grasped - 500 new chemicals to which the bodies of men and animals are required somehow to adapt each year, chemicals totally outside the limits of biologic experience.

Among them are many that are used in man's war against nature. Since the mid-1940's over 200 basic chemicals have been created for use in killing insects, weeds, rodents, and other organisms described in the modern vernacular as "pests"; and they are sold under several thousand different brand names.

These sprays, dusts, and aerosols are now applied almost universally to farms, gardens, forests, and homes - nonselective chemicals that have the power to kill every insect, the "good" and the "bad", to still the song of birds and the leaping of fish in the streams, to coat the leaves with a deadly film, and to linger on in soil - all this though the intended target may be only a few weeds or insects. Can anyone believe it is possible to lay down such a barrage of poisons on the surface of the earth without making it unfit for all life? They should not be called "insecticides," but "biocides."

The whole process of spraying seems caught up in an endless spiral. Since DDT was released for civilian use, a process of escalation has been going on in which ever more toxic materials must be found. This has happened because insects, in a triumphant vindication of Darwin's principle of the survival of the fittest, have evolved super races immune to the particular insecticide used, hence a deadlier one has always to be developed - and then a deadlier one than that. It has happened also because, for reasons to be described later, destructive insects often undergo a "flareback," or resurgence, after spraying, in numbers greater than before. Thus the chemical war in never won, and all life is caught in its violent crossfire.

Along with the possibility of the extinction of mankind by nuclear war, the central problem of our age has therefore become the contamination of man's total environment with such substances of incredible potential for harm - substances that accumulate in the tissues of plants and animals and even penetrate the germ cells to shatter or alter the very material of heredity upon which the shape of the future depends.

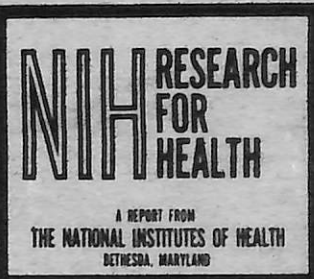
Some would-be architects of our future look toward a time when it will be possible to alter the human germ plasm by design. But we may easily be doing so now by inadvertence, for many chemicals, like radiation, bring about gene mutations. It is ironic to think that man might determine his own future by something so seemingly trivial as the choice of an insect. "The problem whose attempted solution has brought such a train of disaster in its wake is an accompaniment of our modern way of life. Long before the age of man, insects inhabited the earth - a group of extraordinarily varied and adaptable beings. Over the course of time since man's advent, a small percentage of the more than half a million species of insects have come into conflict with human welfare in two principal ways: as competitors for the food supply and as carriers of human disease.

Disease-carrying insects become important where human beings are crowded together, especially under conditions where sanitation is poor, as in time of natural disaster or war or in situations of extreme poverty and deprivation. Then control of some sort becomes necessary. It is a sobering fact, however, as we shall presently see, that the method of massive chemical control has had only limited success, and also threatens to worsen the very conditions it is intended to curb.

Under primitive agricultural conditions the farmer had few insect problems. These arose with the intensification of agriculture - the devotion of immense acreages to a single crop. Such a system set the stage for explosive increases in specific insect populations. Single-crop farming does not take advantage of the principles by which nature works; it is agriculture as an engineer might conceive it to be. Nature has introduced great variety into the landscape, but man has displayed a passion for simplifying it. Thus he undoes the built-in checks and balances by which nature holds the species within bounds. One important natural check is a limit on the amount of suitable habitat for each species. Obviously then, an insect that lives on wheat can build up its population to much higher levels on a farm devoted to wheat than on one in which wheat is intermingled with other crops to which the insect is not adapted.

The same thing happens in other situations. A generation or more ago, the towns of large areas of the United States lined their streets with the noble elm tree. Now the beauty they hopefully created is threatened with complete destruction as disease sweeps through the elms, carried by a beetle that would have only limited chance to build up large populations

"continued on P. 2"



Controlling Diabetes

The story of diabetes, and its control, is one of the more heartening in the annals of medicine. Because of sound laboratory and clinical research, most diabetic patients today can keep the disease under control, enjoy a normal home and family life, and can work with only minor complications. The National Institute of Arthritis and Metabolic Diseases (NIAMD) of the National Institutes of Health supports continuing research in this field, hoping ultimately to achieve prevention or cure of diabetes.

Although the number of people in this country with diabetes is constantly increasing, better care has extended the life expectancy of diabetic patients. Diagnostic techniques have improved and so more cases are being found.

Perhaps the most exciting diabetes research finding in recent years was the revelation by a University of Texas scientist that small blood vessel disease may be an initial, rather than a late manifestation of diabetes. This observation by an NIH grantee could provide a new angle of attack which may be more fruitful than current studies directed mainly toward the abnormality in carbohydrate metabolism.

Another NIH-supported investigator at the University of Colorado has shown that insulin from diabetic children is more resistant to destruction by an insulin-destroying enzyme than is insulin from normal individuals. Now he is seeking to learn if there may be a genetically-determined difference in the insulin of diabetic children which could contribute to the underlying biochemical disorders of diabetes.

A team of NIAMD scientists recently discovered that the Pima Indians of Arizona have a rate of diabetes that is 10 times greater than that of the general American population. NIAMD is currently conducting intensive studies of this unique population group in order to determine the possible precipitating factors in diabetes, as well as factors involved in the prevention or postponement of development of the serious complications of the disease.

Almost simultaneously, NIH-supported investigators at Duke University and at the Jackson Laboratory, Bar Harbor, Maine, discovered two different rodents which develop diabetes naturally, and which provide unusual opportunities for the study of the early development of diabetes.

"continued on P. 4"

AIR FORCE MAIL BAG



TAIPEI, TAIWAN - U. S. Air Force Major Herbert F. Dagg (right), son of Mr. and Mrs. Herbert C. Dagg of 204 Leonard Road, Frederickburg, Va., is decorated with the Distinguished Flying Cross at Taipei Air Station, Taiwan, for heroism in military operations in Southeast Asia. Major Dagg received the medal for extraordinary achievement in aerial flight as a C-7A Caribou aircraft commander on a resupply mission in support of friendly ground forces. Despite engine failure during the most crucial stage of the flight, the major, with complete disregard for his own personal safety, continued on to successfully complete his mission. He is now at Taipei with the Pacific Air Forces. Major Dagg, who served during the Korean War, was commissioned through the aviation cadet program. A graduate of James Monroe High School, he attended the University of Maryland Far East Division and the University of Southern Mississippi. His wife, Marie, is the daughter of Mr. and Mrs. Thomas J. Keating of 21 Keating Lane, Agawam, Mass. Brigadier General Levi R. Chase, 327th Air Division commander, makes the presentation



Richard J. Dudek, Democratic candidate for State Representative from the newly created 9th Hampden District, which includes Agawam and Precinct 8 of the town of West Springfield, issued the following statement:

"My decision to seek the office of State Legislator stems from my knowledge and belief that more can and must be done to insure that lasting benefits will accrue to the people of the 9th Hampden District by active representation on the problems at hand that are in urgent need of proper legislative action. A legislator, by the title of his position, must legislate. That means he must work and research the many problems facing our town, county and state governments. Then he must propose sound legislation that will

LOCAL ITEMS CAN NOT BE ACCEPTED AFTER MON.

AM

Send in only \$1.00 and we'll put you on our mailing list for 1 year.

Name _____

Address _____

Phone _____

Please check new ☐ renewal ☐

Out of State --- 1.50

THE AGAWAM NEWS, INC.

Published Every Thursday
Box 128, Agawam, Mass. 01001
Elizabeth LeDuc, Owner

Founded April 9, 1953 by Robert R. DeForge and entered at the Post Office at Agawam, Mass., April 29, 1953 as Second Class Matter under the act of March 3, 1879.

AMERICAN NEWSPAPER REPRESENTATIVES INC.
Atlanta • Chicago • Detroit • Los Angeles
New York • San Francisco

The Agawam News, Inc. assumes no financial responsibility for typographical errors in advertisements, but will reprint any reasonable part of any advertisement in which such typographical errors occur, if the responsibility for same rests with the newspaper. Agawam News, Inc. will not accept responsibility for manuscripts or photographs, which will be returned if stamped, self-addressed envelopes accompany same.

FOR ADVERTISING CALL - 732-1495

consumer news

In the summer, perhaps more than at any other time of the year, the magazine subscription industry conducts vigorous selling campaigns. Most of the sales people are trying to make an honest living but some can't resist the temptation to take advantage of the unwary. Some of the cleverest deceptions are practiced in this area on unsuspecting housewives. Take, for example, this telephone call which was received by the wife of a Consumer Protection Division member:

"Hello Mrs. Smith. This is Miss Jones calling for the publishers service and if you can answer this question, I have a nice surprise for you."

"Is New York City located on the St. Lawrence or the Hudson river? Hudson is correct, Mrs. Smith. Now we have a very nice prize for you. We're going to send you these five magazines free for the next four years."

If Mrs. Smith had said "St. Lawrence", the girl would have replied, "No, but for being such a good sport, we have a nice consolation prize..." The prize is the same as the prize for guessing the correct answer.

At this point "Miss Jones" (telephone solicitors almost never use their real names) lists five magazines, and perhaps offers substitute choices to Mrs. Smith. Then she continues, "These free magazines are being sent to you as part of a publishers promotion, Mrs. Smith. You see, we don't advertise on television or radio, so with the money we save, we can give people these free magazines."

"The one thing the publishers want me to ask you is whether you would be willing to pay a small

.....From Attorney General, Elliot L. Richardson.

amount, just a few pennies really, for postage and handling costs. You would? Fine! For only 38 cents a week you'll be receiving these wonderful magazines. And to make it even easier for you, so you won't be sending pennies in the mail, we're going to provide you with some envelopes so you can send it in once a month."

Of course, the magazines are not free. They are being sold to Mrs. Smith at a subscription rate which is standard in the industry for the particular combination of magazines which she has specified. Through the use of this come-on pitch, however, it is made to appear that the "postage and handling" costs are a minor cost to her.

Later that day a salesman will come to Mrs. Smith's home and have her sign a contract which will obligate her to pay \$3.50 a month for the next two years. This way, she will be told, all of the "postage and handling" charges will be paid off in two years, but the magazines will continue for four years. Hopefully at this point she will sit down and figure out that her "free magazines" will cost her \$84.00 in the next two years!

Our Consumer Protection Division obtained a court order putting a stop to this practice, but there are other schemes which may catch the unwary.

Next week, in part two of this article, I will discuss some shocking frauds used in door-to-door magazine sales. In the meantime, if you have a consumer problem, write to: Attorney General Elliot L. Richardson, Consumer Protection Division, State House, Boston, Massachusetts 02133

Mary, Mary,

(Cont. from Page 1)

and to spread from tree to tree if the elms were only occasional trees in a richly diversified planting.

ELIXIRS OF DEATH

For the first time in the history of the world, every human being is now subjected to contact with dangerous chemicals, from the moment of conception until death. In the less than two decades of their use, the synthetic pesticides have been so thoroughly distributed throughout the animate and inanimate world that they occur virtually everywhere. They have been recovered from most of the major river systems and even from streams of groundwater flowing unseen through the earth. Residues of these chemicals linger in soil to which they may have been applied a dozen years before. They have entered and lodged in the bodies of fish, birds, reptiles, and domestic and wild animals so universally that scientists carrying on animal experiments find it almost impossible to locate subjects free from such contamination. They have been found in fish in remote mountain lakes, in earthworms burrowing in soil, in the eggs of birds - an in man himself. For these chemicals are now stored in the bodies of the vast majority of human beings, regardless of age. They occur in the mother's milk, and probably in the tissues of the unborn child.

All this has come about because of the sudden rise and prodigious growth of an industry for the production of man-made or synthetic chemicals with insecticidal properties. This industry is a child of the Second World War. In the course of developing agents of chemical warfare, some of the chemicals created in the laboratory were found to be lethal to insects. The discovery did not come by chance; insects were widely used to test chemicals as agents of death for man.

The result has been a seemingly endless street of synthetic insecticides. In being man-made - by ingenious laboratory manipulation of the molecules, substituting atoms, altering their arrangement - they differ sharply from the simpler inorganic insecticides of prewar days. These were derived from naturally occurring minerals and plant products - compounds of arsenic, copper, lead, manganese, zinc, and other minerals, pyrethrum from the dried flowers of chrysanthemums, nicotine sulphate from some of the relatives of tobacco, and rotenone from leguminous plants of the East Indies.

What sets the new synthetic insecticides apart is their enormous biological potency. They have immense power not merely to poison but to enter into the most vital processes of the body and change them in sinister and often deadly ways. Thus, as we shall see, they destroy the very enzymes whose function is to protect the body from harm, they block the oxidation processes from which the body receives its energy, they prevent the normal functioning of various organs, and they may initiate in certain cells the slow and irreversible change that leads to malignancy.

Yet new and more deadly chemicals are added to the list each year and new uses are devised so that contact with these materials has become practically worldwide. The production of synthetic pesticides in the United States soared from 124, - 259,000 pounds in 1947 to 637,666,000 pounds in 1960 - more than a fivefold increase. The wholesale value of these products was well over a quarter of a billion dollars. But in the plans and hopes of the industry this enormous production is only a beginning.

A Who's Who of pesticides is therefore of concern to us all. If we are going to live so intimately with these chemicals - eating and drinking them, taking them into the very marrow of our bones - we had better know something about their nature and their power."

Next column - Arsenic condensed from Rachel Carson's Silent Spring

Legal Notices

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in a petition for adoption of ROBERT MARSHALL LUMPKIN of Agawam, in said County.

A petition has been presented to said Court by ROY A. MCKINNEY and CHERYL L. LUMPKIN MCKINNEY his wife, of said Agawam, praying for leave to adopt said ROBERT MARSHALL LUMPKIN a child of RALPH MARSHALL LUMPKIN, of Kansas City, in the State of Missouri and CHERYL LYNN MILLER LUMPKIN now CHERYL L. LUMPKIN MCKINNEY, his former wife, and that the name of said child be changed to ROBERT MARSHALL MCKINNEY.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this sixteenth day of July 1968. JOHN J. LYONS, Register Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in a petition for adoption of MICHELLE LYNN LUMPKIN of Agawam in said County.

A petition has been presented to said Court by ROY A. MCKINNEY and CHERYL L. LUMPKIN MCKINNEY his wife, of said Agawam, praying for leave to adopt said MICHELLE LYNN LUMPKIN a child of RALPH MARSHALL LUMPKIN, II, of Kansas City, in the State of Missouri and CHERYL LYNN MILLER LUMPKIN, now CHERYL LYNN LUMPKIN MCKINNEY, his former wife, that the name of said child be changed to MICHELLE LYNN MCKINNEY.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this sixteenth day of July 1968. JOHN J. LYONS, Register Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of ETHEL LIND WHITMARSH late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by NATALIE L. WHITMARSH and SHIRLEY E. EMERSON, both of said Agawam praying that they be appointed executrices thereof without giving a surety on their bonds.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this twenty-fourth day of July 1968. JOHN J. LYONS, Register Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the trust estate under the will of EARL E. DENNETT late of Agawam, in said County, deceased, for the benefit of SALLY ANN THOMPSON and others under the second clause of said will.

The trustee of said estate has presented to said Court for allowance its first account. If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the twentieth day of August 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this seventeenth day of July 1968. JOHN J. LYONS, Register Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the estate of JOHN J. O'DONNELL late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by MARY L. O'DONNELL of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond. If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this twenty-fifth day of July 1968. JOHN J. LYONS, Register August 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the estate of SARAH A. OTHICK late of Agawam, in said County, deceased.

A petition has been presented to said Court, praying that DOROTHY A. GATES of Wilbraham, in the County of Hampden, or some other suitable person, be appointed administratrix of said estate, not already administered. If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the sixth day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this first day of August 1968. JOHN J. LYONS, Register. Aug. 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the estate of JOHN J. O'DONNELL late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by MARY L. O'DONNELL of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond. If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this twenty-fifth day of July 1968. JOHN J. LYONS, Register August 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the trust estate under the will of LORIN W. FISK late of Agawam, deceased, for the benefit of THE AGAWAM CONGREGATIONAL CHURCH, AMERICAN BOARD OF COMMISSIONERS FOR FOREIGN MISSIONS AND CONGREGATIONAL HOME MISSIONARY SOCIETY under the first clause of said will.

The trustee of said estate has presented to said Court for allowance its thirty-ninth account.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this twenty-fourth day of July 1968. JOHN J. LYONS, Register Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To JOSEPH DeCARO of Agawam, in said County.

A petition has been presented to said Court by LINDA JOYCE PICKARD DeCARO MORGANSTERN formerly LINDA JOYCE PICKARD DeCARO, your former wife, praying for permission to remove DONA MARIE DeCARO, minor child of said parties from said Commonwealth to Detroit, in the State of Michigan, all as more fully set forth in said petition.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the thirteenth day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this twenty-ninth day of July 1968. JOHN J. LYONS, Register August 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To IGNAS GRIGAITIS of Agawam, in said County of Hampden, and to his heirs apparent or presumptive and to the Massachusetts Department of Mental Health.

A petition has been presented to said Court alleging that said IGNAS GRIGAITIS has become incapacitated by reason of advanced age - mental weakness - physical incapacity to properly care for his property, and praying that BENNY GRIGAITIS of Thompsonville, in the State of Connecticut, or some other suitable person, be appointed conservator of his property.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield in said County of Hampden, before ten o'clock in the forenoon on the sixth day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this second day of August 1968. JOHN J. LYONS, Register. August 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the estate of SARAH A. OTHICK late of Agawam, in said County, deceased.

A petition has been presented to said Court, praying that DOROTHY A. GATES of Wilbraham, in the County of Hampden, or some other suitable person, be appointed administratrix of said estate, not already administered.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the sixth day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this second day of August 1968. JOHN J. LYONS, Register. August 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the estate of SARAH A. OTHICK late of Agawam, in said County, deceased.

A petition has been presented to said Court, praying that DOROTHY A. GATES of Wilbraham, in the County of Hampden, or some other suitable person, be appointed administratrix of said estate, not already administered.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the sixth day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this first day of August 1968. JOHN J. LYONS, Register. Aug. 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the estate of JOHN J. O'DONNELL late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by MARY L. O'DONNELL of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this twenty-fifth day of July 1968. JOHN J. LYONS, Register August 15, 22, 29

COMMONWEALTH OF MASSACHUSETTS
Hampden SS Probate Court
To all persons interested in the estate of SARAH A. OTHICK late of Agawam, in said County, deceased.

A petition has been presented to said Court, praying that DOROTHY A. GATES of Wilbraham, in the County of Hampden, or some other suitable person, be appointed administratrix of said estate, not already administered.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation. Witness, ABRAHAM I. SMITH Esquire, First Judge of said Court, this twenty-fifth day of July 1968. JOHN J. LYONS, Register August 15, 22, 29

Girl explaining her problem with her boy friend: "Trouble is, he likes me just the way I am - single."

Food Fantasies

Naturally, the interest of all of us in food gives rise to numerous food superstitions and misconceptions, says TODAY'S HEALTH GUIDE, the American Medical Association's manual of health information for the American family.

Some tabulations list more than 200 common modern-day misconceptions about food.

Here are a few of the more common fallacies. They're all erroneous—

If a few vitamins are good, more must be better. (Not correct.)

Never give milk to a patient with fever. (The milk won't affect the fever at all.)

Parsnips should be eaten often to cleanse the kidneys. (They don't.)

Beets build blood. (They don't.)

Pork is indigestible. (It is no more indigestible than other meats.)

Sour foods, such as lemon juice or sauerkraut, can cure diabetes. (They can't.)

For treatment of arthritis, grape juice, honey, dried pomegranates, carrot juice and tomatoes are helpful. (They're not.)

Cooked cereals heat the blood. (They don't.)

Warm bread may cause a stroke. (It won't.)

Putting cream in coffee makes the coffee more harmful. (No.)

Ice water causes heart trouble. (It doesn't.)

Raw vegetable juice contains life-giving properties, but cooked foods are "dead." (Not so.)

Olives, oysters and raw eggs increase sexual potency. (They don't.)



Wine makes blood. (It doesn't.)

White sugar is not good for the health. (Not true.)

White bread is poisonous. (It isn't.)

If the expectant mother holds her weight down, the size of the baby will be reduced. (Not a fact.)

Enriched candy is good for reducing. (It isn't.)

Calories don't count. (They do.)

Melba toast has no calories. (It has.)

Never eat rabbits because they are all disease carriers. (No.)

Yogurt and brewer's yeast are dietary requirements. (They aren't.)

Clause in the will of Harriet Martineau, who died a spinster at age 87: "I don't want anybody to put 'Miss' on my tombstone - I haven't missed as much as some people may think!"

SINFONIA MUSIC STUDIOS

conservatory graduates
State certified teachers
instrumental lessons and repairs

Specialists in Brasses, Woodwinds, Percussion and Guitar

Come in and get acquainted

299 Walnut St., Agawam across from Betty's Towne House

734-4295 781-4299 781-5078

Housewife greeting TV repairman at the door: "It's okay now. We had put on each other's glasses by mistake."

STEREO LAB ELECTRONICS

PROUDLY ANNOUNCES
we now make repairs

Our Specialty - T.V.,
Color & Black & White

Also Tape Players, Radios, Etc.

motorola special
STEREO PLAYER
WITH DETACHABLE
SPEAKERS 3 COLORS
\$64.95
WITH STAND



hours: mon, tues, wed, sat, 10-6 thurs & fri, 10-10
762 Springfield St. Feeding Hills
788-7828

Breakthrough



Open-throated snapdragons, a real novelty for your garden, are easily grown, floriferous.

Just as occasionally two astronomers in widely separated parts of the world may simultaneously be searching for a new star, so plant breeders, working in their separate establishments, sometimes are breeding for the same new form in a flower.

So it was with the "open-throated" form of snapdragon flower.

Think back to the last time you looked into a snapdragon bloom. Remember, when you were a child you used to squeeze the sides of an individual floret to make it open its "mouth" to snap at a friend?

That "mouth" had a lower lip that humped upward, the top of the "hump" touching the upper lip of the floret. This hump is eliminated from the new form.

Although the open-throated snapdragons, exemplified by the Bright Butterflies and Bellflower strains, are as easily grown and prolific of bloom as any other snapdragons, they look more like penstemons.

These open-throated snapdragons will make visitors to your garden wonder if they can believe their eyes.

The plants of these snapdragons are sturdy, those of the Bellflowers growing 2½ feet high, those of Bright Butterflies to 3 feet and base-branching.

Flowers are 1½ to 2 inches across; petals slightly ruffled at the edges. Sometimes the throats contrast with the petals, for instance, golden-orange petals and cream throats.

Talk about lucky coincidences. The average adult has about 3000 square inches of skin, which is just enough to cover him.

Help Wanted - Female

Interviewers: A New England Research firm needs part-time interviewers to conduct door-to-door surveys in the Agawam area in September 1968. No selling, some evening and weekend work. Hourly rate plus expenses. Experience not required. Car necessary. Send qualifications, address and phone to Box 122.

Help Wanted - Male

Back-to-School LOANS

for your every need!
Our Office is a Friendly Place

For Your Convenience! We're OPEN
SATURDAY 'TIL 12 NOON

COME IN OR CALL ST 1-3300

MONEY SAME DAY

OPEN MON. and THURS. 8 to 8

IDEAL BUDGET PLAN

1421 MAIN ST., 2ND FLOOR

OUTSIDE PAINTING

Fully Insured

Free Estimates
HUDSON COLLINGS
CALL
ST 1-6214



How To Do

Q. How can I frost a window to insure privacy?

A. Soften some putty with a few drops of linseed oil, and dab this all over the outside of the window glass. It'll dry into a nice frosting in a day or two, whereupon another coat can be applied. The frosting is more or less permanent and weatherproof and can be washed with soap and water, but you can "Defrost" the glass any time you like with some concentrated ammonia.

Q. What can I do about the dull spots on a rug, caused by the weight of furniture?

A. Rub some French chalk thoroughly into the spots with a small brush, and then get rid of the chalk later by running a vacuum cleaner over it.



HIS TEMPER COOLS OFF
IN AN HOUR, I'D JUDGE...
I'M A BIT DIFFERENT...
I CARRY A GRUDGE!

© 1968 by Gates Features, Inc.

Query to the fellow who says nothing is impossible: Did you ever try getting off a mailing list?

A visitor back from Europe reports seeing this sign on an opera house:

THE BARBER OF SEVILLE
3000 Chairs - No waiting

SAVE 46¢

ON EACH BLANKET CLEANED IN AUGUST!



What a beauty bargain... our fabulous blanket cleaning at a whopping, once-a-year saving! Don't wait... send your blankets to our Droppo Water now. His exclusive, shrinkage-proof Lux Flakes beauty bath cleans, sterilizes and restores hidden sparkle, then our expert hand ironers smooth bindings to shining perfection, and your blankets come home looking and feeling like new! See for yourself... call us tomorrow and remember, the more blankets you send, the more money you'll save!



Reg. \$1.75
NOW \$1.29

free pickup and delivery service, too!

© 1968 BY LORE KATES, SPFLD., MASS.

Belmont Laundry
and CUSTOM dry CLEANERS

333 BELMONT AVE., SPRINGFIELD
Since 1907 736-3616

Rubbish Collection Schedules

Fri., - Aug. 16 Rte. 5
Mon., " 19 Rte. 6
Tues., " 20 Rte. 7
Wed., " 21 Rte. 8
Thurs., " 22 Rte. 9
Fri., " 23 Rte. 10

Have your boiler or furnace cleaned & checked now and be ready for the winter heating season.

• call •
REMINGTON'S
Oil Burner Service and Sales
24 Hr. Repair Service
788-6290 34 Begley St. Agawam

for the girl who needs nothing

"A few days ago there appeared in this newspaper two full-page advertisements by two of New York's greatest department stores, each showing a charming young lady surrounded by a variety of exotic wild animal furs or skins -- offered, we presume, as Christmas gift suggestions for the girl who needs nothing. What the advertisements do not say is that some of the species...are among the world's most rapidly disappearing wildlife..."

"Wild animals in their native habitat, the habitat itself, the serene and the ancient and the silent places

-- they are being obliterated at a quicker pace these last few decades than in all the centuries that have gone before. What glory is there in wrapping oneself in, or wiping one's feet on, a lifeless specimen of man's dwindling heritage of nature's wild beauty? What right does man have now to deprive the earth forever of some of its most beautiful or interesting creatures -- from polar bear and jaguar to crocodile and turtle -- merely to satisfy a passing stylistic whim, or to decorate himself for possibly just one more generation?"

-- New York Times editorial

One reason kids are always so happy is that they don't have kids of their own to worry about.

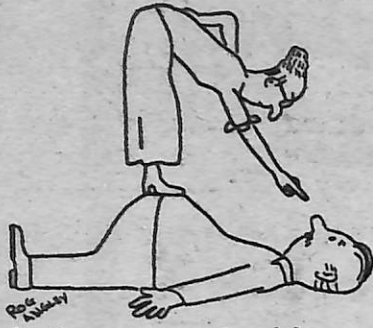
Clean Out--Now!

How will your house burn when it catches fire—hot, hungrily and fast, or just a small controllable blaze?

In many cases one house will have only a small fire, and another will be gutted before it can be stopped.

Rubbish is often the answer. Most people don't realize how much rubbish they have around the house. They just don't recognize old mattresses in the attic, old clothing in closets, and stored furniture in the basement as rubbish.

But that's what it is. And all too often it means the difference between a small fire and a bad one. So clean it out—now!



I tell you every week and do you learn? No. Get me a subscription to the AGAWAM NEWS.



Save a wife . . .
It's easy as pie
to raise the dough
for a work-saving
kitchen or any other
home improvements
at SIS.



LIKES TO SAY "YES"
SPRINGFIELD
INSTITUTION FOR
SAVINGS

Asphalt Sealcoating Co.

Specializing In



Jennite Protects Against Damage from: • WATER
• SUN • AIR • FUEL • OIL • ACIDS • SALTS

20 Years Experience - Asphalt Paving
Call For FREE ESTIMATES

TEL. 739-5101

A. J. FIORINI



UNLESS YOURS IS
A SHOW CAT, BATHE
HIM ONLY IN AN
EMERGENCY, AND
NEVER BEFORE
HE IS SIX MONTHS
OLD.

BRADFORD R. COLLINS

Offers The Easy, Efficient Way
to Sell or Buy a Home

Multiple Listing Service

OVER 80 REALTOR OFFICES and
their 450 Salesmen working for

YOU!

and you pay nothing extra for the
advantages of M.L.S.



Call: BRADFORD R. COLLINS

Your M.L.S. Realtor

1140 SPFLD. ST., FEEDING HILLS 732-3154

Esso

"WINNING TICKET"

Redeem this coupon for
Three (3) free "winning tickets"
at any Esso dealer
displaying the

"Winning Ticket" sign

or mail coupon to P.O. Box 90
Hartford, Conn. 06101 for your FREE
"Winning Tickets"!

THIS OFFER EXPIRES AUGUST 31, 1968

Humble Oil & Refining Company

Will Sell, Cheap

A Portable Hi Fi Phonograph, Sears Silvertone.
732-1495



Mamas, papas,
& baby kittens
Take your choice
LY 8-8724

Malone's

Farm and Garden Center
338 Silver St., Agawam
FERTILIZER, SEEDS,
SEASONAL GARDEN SUPPLIES



VOLKSWAGEN
In Westfield

HAROLD PATTEN - SALES DEPT.
TEL. 568-1711 or 734-7101
342 EAST MAIN STREET
WESTFIELD, MASS. 01085
TEL. 568-1711
BURTON HICKS VW, LTD.
AUTHORIZED DEALER

Teac R 1500

Tape deck - automatic reverse &
shut-off with microphones, and remote
control

Never used.

732-1495

TELEVISION REPAIR

NEWELL'S

TELEVISION & RADIO

374 PARK ST., W. SPFLD.

TEL. RE 2-6810

Repairs, Pet
Clippers.
Sharpening

DONOVAN W J CO
ESTABLISHED 1898
A Complete Line Of Barbers' Supplies
Repairs On Electric Clippers
90 Front W Spfld. 733-3824

open till 1 p.m.

QUICK REPAIRS

Lamps - Vacuum Cleaners
Mixers - Toasters - Irons

HANNIGAN'S

766 Main St., West Spfld.
Tel. RE 7-8730

RESEARCH FOR HEALTH

(Cont. from Page 1)

The North African sand rat was found to develop diabetes gradually when raised on (relatively rich) standard laboratory feeds rather than on its very poor natural diet. Also, an inbred strain of mice was found to develop a metabolic disorder closely resembling human juvenile diabetes. Current studies of the natural history of the disease in these rodents may provide answers to many of the questions about the causes of diabetes.

Although full solution of the diabetes problem must await further research, the disease now can be adequately controlled and there is reason to hope that its prevention may soon be a reality.
211-AMD-868

A young suburbanite who is giving up cigarettes says it's no real problem for him. "Whenever I feel a craving for a cigarette coming on," he said, "I steady my nerves by yelling at the children."

REGISTER NOW
for morning & evening

Driver Education Class

LAST CLASS BEFORE
SCHOOL STARTS
MONDAY - AUG. 19



WINCHESTER

AUTO SCHOOL

190 STATE ST. RE 9-2533

old frames - various sizes,
Maybe what you're looking for
call 732-1495, between 7&8 p.m.

"THE BEST IN SIGHT"



Patrick F. Russo
OPTICIANS

1421 WESTFIELD ST., W. SPFLD.
(Directly behind SIS Bank)

Tel. 734-5502

Open Tues. & Thurs. 'til 8

KEATING'S TREE SERVICE INC.

Since 1925

EXPERT TREE SERVICE

- TRIMMING • SPRAYING
- TREE REMOVAL • STUMP REMOVAL
- WEED & BRUSH CONTROL
- MEN INSURED •

—wood shavings and chips

95 Acrebrook Dr. C F Holyoke 532-6350

RICHARD J. DUDEK

(cont. from page 1)

help our citizens, young and old, to face the ever changing problems of our society. I promise to support and sponsor legislation that will strengthen home rule, for I believe that decisions which affect a community should be made by the citizens of that town or their elected representatives. I will also introduce new legislation in the field of recreation so that all communities may receive their fair share of state funds which are earmarked for recreational facilities.

I shall pursue legislation in the field of education that will provide sound and adequate scholastic training to meet the challenge of our changing world. I shall be a legislator who will legislate, not one who merely votes on legislation put forth by others."

Dudek, a former chemical salesman and bank teller, has been employed in several phases of industry. He is presently a teacher of government and history at Agawam High School where he is the faculty advisor of the International Relations Club and a member of the "Time-to-Teach Committee." His professional affiliations include membership in the following organizations: the Agawam Teachers' Ass'n, the Mass. Teachers' Ass'n, the National Education Ass'n, and the Mass. Council for Social Studies. He graduated from Springfield College B.S., 'Cum Laude' in history and sociology; holds a M.S. degree in education and has done further studies at A.I.C. and the U. of M. He is an elected member of the Agawam Housing Authority, the Agawam Democratic Town Committee and a Town Meeting Member from Precinct 2. He is a member of the Polish-American Club of Agawam, the Sacred Heart Holy Name Society and the Agawam Tennis Club. He is a former All Western Mass. football player and has coached various sports with several teenage teams.

Mr. Dudek is married to the former Sandra Saitto of Agawam and they reside at 11 Carol Drive, Feeding Hills.